

Pathways to *empowerment*

Four Session -Couples Communication Skills Group

Words can cut as deep as a sword; Words can rob, kill, or suffocate a committed relationship

Are you ready to stop destroying your committed relationship or marriage?

If you are ready to clear up, fire up and level up your communication skills-join this small group. Space is limited.

Date: Wednesday's 8/9, 8/16, 8/23, 8/30/2023

Time: 5:45-7:00 pm CDT

**Location: 7180 W. 107th St, Conference Room
Overland Park, KS 66212**

Facilitator: Debra Neal, LCPC Relationship Counselor for Couples

Purpose: Learn common “ turn off/turn away” communication behaviors

Benefits: Listen so your partner talks, talks so your partner listens
Identify three of your relationship killing communication patterns
Receive an overview of the top common, universal communication barriers

Session Topics:

1. Four most damaging and negative communication behaviors that fuel (breakdown, breakup, or divorce)
2. Twelve Roadblocks to Listening - Identify what to stop
3. Empathic Listening: The Speaker/Listener Gap
4. Four Styles of Communication

Fee: Earlybird special \$430 by 8/7 or \$550 after 8/7 Payment: Credit Card

Registration: Call 816-805-0732 dneal@pathwaystoempowerment.net